

Trauma Informed Interviewing Resource List

BOOKS

[The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma](#) – Bessel Van Der Kolk, M.D.

[The Body Remembers: The Psychophysiology of Trauma and Trauma Treatment](#) – Babette Rothschild

[Help for the Helper: Self-Care Strategies for Managing Burnout and Stress](#) – Babette Rothschild

[Trauma Stewardship: An Every Day Guide to Caring for Self While Caring for Others](#) – Laura Van Dernoot Lipsky

[Chronicling Trauma: Journalists and Writers on Violence and Loss](#) – Doug Underwood

[Trauma and Recovery: The Aftermath of Violence—From Domestic Abuse to Political Terror](#) – Judith Herman, M.D.

ONLINE RESOURCES

DART Center for Journalism and Trauma – www.dartcenter.org

[Trauma Informed Interviewing: Techniques From a Clinician’s Toolkit](#) – Kate Porterfield for DART

First Draft, Journalism and Vicarious Trauma – www.firstdraftnews.org

Veteran Affairs, National Center for PTSD – www.ptsd.va.gov

TAVP TRAININGS

[Interviewing with Care: Documenting Stories of State Violence](#) – Texas After Violence and WITNESS

[Documenting Narratives of Violence: Why It's Important and Mitigating Risks](#) – Gabriel Solis, Texas After Violence Project

[Documenting Narratives of Violence: Trauma-Informed Interviewing](#) – Jane Field, Texas After Violence Project